

St Gabriel's

Weekly Update for Sunday 28 November Advent Sunday

Thank you to all who came to help decorate church for Advent and Christmas for us!

SUN 28 NOV: Advent Sunday

10.30am: Holy Communion in person and streamed live via YouTube. To listen live instead, call 020 8191 0680.

4.00pm: Christingle Service Fun for all, to start the Advent Season

6.30pm: Evening Worship in-person only



Advent booklets Collect your ordered copies from Sarah today - £4 each. Start reading today! Sarah has 3 spares



You can sign up to help with our **CAP Christmas presents**. Each year we sponsor Christmas gifts for the clients and families of our debt centre. Please contribute if you'd like to by either letting us know you will buy a gift or by sponsoring one. You can do so by talking to Debbie or Emma, or by using the special link in the weekly email.

***Please note* we will need to receive donations and presents by Sun 5 Dec (next Sunday!)**



Our Christmas card is ready. We have arranged for every home in the parish to receive one, delivered to them. Do take cards for those you'd like to invite to join us for a Christmas service.

Invite your friends and neighbours to Carols (12 Dec 3pm and 19 Dec 6.30pm with our choir).

This year we will give our Carols offerings to

GLASS DOOR - you can give on our website too - scan the QR code and follow the link. **GLASS DOOR** partners with churches and community centres to give shelter and support, because no-one should have to sleep on the streets of London. Please give generously this Christmas!



Christmas at St Gabriel's

Please visit st-gabriels.org/christmas for details of all our Christmas services or how to give to our Christmas appeal with Glass Door for a route out of homelessness.

Sun 12 Dec 3.00pm
All Age Carols
Family-friendly all age carol service with an interactive telling of the Christmas Story. Dressing up encouraged!

Sun 19 Dec 6.30pm
Carol Service
A service of carols and readings with a brief talk and our Christmas Choir

Fri 24 Dec 11.30pm
Midnight Communion
Celebrate Christmas at the stroke of Midnight with communion

Sat 25 Dec 10.30am
Christmas Day Service
Celebrate the birth of Jesus with us, all welcome, with communion

 Why not try visiting online this year?
youtube.com/stgabrielscricklewood



A New Bishop for Willesden!

Meet The **Revd Canon Lusa Nsenga-Ngoy** who has been selected to succeed Bishop Pete Broadbent as the new Bishop of Willesden. Pictured here with the Bishop of London at Twyford school, Lusa has experience championing opportunities for Black and Minority Ethnic Mission and Ministry in the Leicester Diocese where he currently works. He is due to be consecrated in January and so we can look forward to welcoming him very soon. Please join in praying for him and his family as he prepares to take up office. The full announcement article is on the diocesan website.

What's on this week?

- Mon 29 Nov 8.00pm English Conversation Class
- Tue 30 Nov 7.15am Prayer Breakfast (online)
- Wed 1 Dec 9.15am Boogie Angels
- Wed 1 Dec 1.00pm Wednesday Fellowship
- Fri 3 Dec 2.00pm CAP Client Christmas Event
- Sat 4 Dec 4.00pm Cricklewood Churches: Carols outside Matalan

Next Sunday 5 December - Advent 2

10.30am Morning Worship - in-person, with groups for children and youth, streamed live via YouTube, available shortly thereafter. To listen live, call 020 8191 0680.

6.30pm - Evening Communion - in-person only



Eco tip: could you eat more seasonally? We're used to being able to pick up any kind of food we like in our local supermarket, whatever the time of year and wherever it happens to have been shipped in from. However the most eco-friendly way to eat is to focus our diet on those foods that are grown locally AND are in season. If we choose to buy foods that are grown locally but are not in season, this can actually be more harmful than choosing similar products shipped in from abroad. For example, tomatoes grown in heated greenhouses in England may be worse for the environment than tomatoes grown in Southern Europe and transported to Cricklewood! Therefore we need to think about geography and seasonality. At this time of year (winter) good choices include vegetables grown in the UK like:

• kale • cabbage • carrot • winter squash

For some added inspiration you can see a great Red Cabbage Soup recipe from WWF here -

<https://www.wwf.org.uk/recipes/red-cabbage-soup> and more about an eco-friendly winter diet here:

<https://www.which.co.uk/news/2021/11/cop26-how-to-eat-an-eco-friendly-winter-diet/>

St Gabriel's

**At the heart
of Christmas**



St Gabriel's Christmas events - More information at st-gabriels.org/christmas

Christingle Advent Service Sun 28 Nov 4pm-5.30pm

CAP Client Christmas Event Fri 3 Dec 2pm-5pm

Cricklewood Churches: Carols and Activities outside Matalan Sat 4 Dec 4pm

All Age Carols Sun 12 Dec 3pm

Mapesbury Dell Carol Singing Tue 14 Dec 6.30pm

Carol Service Sun 19 Dec 6.30pm


Midnight Communion Fri 24 Dec 11.30pm

All Age Christmas Communion Sat 25 Dec 10.30am

Simple Said Communion Service Sun 26 Dec 10.30am

Prayer Points

Do pray during the week for all our events at St Gabriel's, sharing the love in Cricklewood. Here are some additional topics for prayer:

- Thank God for the successful appointment of our new Bishop. Pray for the Revd Canon Lusa Nsenga-Ngoy as he prepares to become Bishop of Willesden in January.
- Thank God for Advent! Pray for yourself, that you will wait well through Advent, looking forward with godly anticipation to celebrating Christmas, and to Jesus' return at the end of time. 
- Thank God for Christmas! And pray for our celebrations. Pray for our Christingle Service to capture the imagination of those in touch with St Gabriel's in some way, that they will come along and not be distracted by other things. Pray that all who come will take a step nearer to Jesus, the heart of Christmas.
- Pray for those Christians, our brothers and sisters, in countries where celebrating Advent and Christmas can bring persecution. Pray for them as they keep the season, that God will give them special joy and Jesus will be 'God with them' and keep them faithful.
- Pray for local people receiving our Christmas cards, this year being delivered to every house for us. Pray that God will highlight the cards as people see them, and that people will keep the cards, join us for a service and begin to find faith in God. Pray for God's Spirit to breathe through all our services and reveal the wonder of Immanuel, God with us.
- Thank God for the freedom we have to sing carols and talk to people publicly about Christmas, and for being part of Mapesbury Dell Carols. May God bring the words alive as people join in singing them! 